

Your Guide to The Lodge Summer 2021

(Everything you will need to know for a successful summer!)



Mailing Address Prior to June 1st:

AHRC - The Lodge
83 Maiden Lane 9th floor
New York, NY 10038

After June 1st:

The Lodge
653 Colgate Road
East Jewett, NY, 12424

Camp Phone Number after June 1st

(518) 589-6000

Camp Fax Number after June 1st

(518) 589-6583



Director of Camping & Recreation - Mary Anne Killeen

Director of The Lodge - Sam Emsell

Assistant Director of The Lodge - Joe Antcliff

Camp Healthcare Supervisor - Eftali Nikpreljevic

Where is AHRC Katy Isaacson & Elaine Gordon Lodge located?

The Lodge is located in East Jewett, New York about 2-and-a-half hours away from New York City, near the Hunter Mountain Ski Resort. The lodge is situated on 200 acres of land nestled in the heart of the Catskill Mountains.

Is The Lodge safe?

Yes. This is our top priority! We work closely with the following agencies and strictly adhere to all health and safety codes:

- ❖ The New York State Department of Health – Green County Office
- ❖ The New York City Department of Health and Mental Hygiene.
- ❖ The NY State Office for People with Developmental Disabilities.
- ❖ The American Camp Association (ACA) accredited The Lodge as a Camp that meets the ACA’s high standards for health, safety and quality programming.

The Department of Health also inspects the camp while camp is in session. The inspector is particularly concerned with the cleanliness of the kitchen and food handling procedures, safety procedures at the pool and medical area.

What are the session dates?

Adult Sessions

Session 1	Thursday, June 24 – Monday, July 5
Session 2	Wednesday, July 7 – Sunday, July 18
Session 3	Tuesday, July 20 – Saturday, July 31
Session 4	Wednesday, August 4 – Saturday, August 14
Session 5	Monday, August 16 – Thursday, August 26

What are the drop-off and pick-up times?

GOING TO CAMP:

- **Due to the ongoing concerns with Covid, we encourage you to drive your family member to camp this year.**
- **However, we will offer limited bus service for each session of camp.**

- **Camp registration begins at 12 NOON on the first day of each session at the pick-up location.** (See next question for the location.)
- When you arrive for registration, make sure that you stand in the registration line with the camper.
- You must remain with your family member until they board the bus. We ask that you do not board the bus (it creates too much chaos).
- Please give your camper an early lunch before they get on the bus.
- If your camper requires medication at 12 p.m., 1 p.m. or 2 p.m., please administer before they get on the bus.
- **Buses leave promptly at 1PM.** Any camper missing the bus will have to be transported to camp by the family at the family's own expense.
- **ALL MEDICATIONS ARE TO BE SENT TO CAMP. DO NOT BRING MEDS TO THE BUS!**

RETURNING FROM CAMP:

- **Please arrive at the same location by 11:00 AM on the last day of the session.**
- We try our best to be back early but it is sometimes challenging. You are welcome to call The Lodge after 9am on the last day of camp to see what time the busses left camp. Someone who represents the camp will be at the bus stop to greet you and give you an update on the bus arrival time.
- If there are any changes in arrival, the staff person will inform you of these. When the buses arrive, camp staff will help direct you to the correct bus. Please give your name to the bus captain who will connect you with your camper.
- If someone other than you (or your emergency contacts) is picking up your camper, we must be notified in advance, in writing. We cannot release your camper to anyone other than the parent or a designated caregiver.
- Guests will have eaten breakfast, and taken their morning medications.

TRAVELING ON THE BUS

- Camp staff will make sure that all campers are seated while the bus is in motion.
- Camp staff will work with bus drivers on the loading and securing of participants who use wheelchairs.
- We send sufficient staff to provide appropriate supervision as needed.
- Each bus has a bus captain, who monitors staff and campers on the trip and makes adjustments as needed.
- **We ask that you please do not park in the way of the buses on 63rd Street so we can safely load and unload our guests.**

☺ **ADVICE** *Families using ACCESS-A-RIDE should not schedule the appointment to be picked up on the last day until noon, when we are certain that our buses have reached the city.*

☺ **ADVICE** *If you are running late on the drop-off or pick-up days, call our office at (518)589-6000 to let us know when to expect you. We will try to work with your needs.*

Bus Safety Guidelines

On Boarding and Disembarking Requirements

- The parent or guardian must stay with the camper until they board the bus.
- The bus captain will take attendance as the campers board the vehicle and will take attendance again just prior to departure.
- Upon arrival at camp, the bus captain must “sweep” the vehicle to ensure that all individuals are off the vehicle and **must document** that all individuals are off the vehicle.

Safety Requirements

- In addition to compliance with all State licensing and traffic laws, we provide adequate Staff to accompany campers.
- There is a designated staff person in charge of any medical emergencies on the bus, who has first aid training and is CPR-certified.
- Staff will review the camper’s applications and be familiar with their individual protective oversight needs. If there is something that you think would be helpful for the staff to know when transporting your child; please include a note in your child’s acceptance packet and inform the bus captain at the bus pick up.
- For any trip with individuals served on board, the bus captain must ensure that there is a working cell phone on the vehicle. The bus captain on board must have AHRC emergency contact phone numbers with them and know how to access medical information if needed.
- Individuals on board may never be left on a vehicle without staff.
- Wheelchairs must be tied down appropriately. (Program directors must ensure that all drivers know the appropriate wheel chair tie down procedure for each individual transported.)
- Staff will ensure that each camper is seated any time that the vehicle is in motion.
- Staff must be seated in the location that the bus captain considers safest for the individuals on board.
- If an individual on board becomes seriously ill during transport, the driver must pull over to a safe location and the bus captain will call 911.

SPECIAL PROCEDURES FOR NON AMBULATORY GUESTS:

We recommend that wheelchair users arrive half an hour earlier, at 11.30 a.m., as these are the first people to board the bus.

At the bus stop on the pick up day, camp staff and/or nurse at the pick up will ask the family or caregiver to reposition the individual immediately prior to boarding the bus.

Upon arrival at camp, the individual will be taken to the cabin and removed from wheelchair. Counselor will check buttocks for any redness and report any redness to the nurse immediately. If the person uses Attends, these will be changed, wet or not, to allow air to the skin, the individual will be out of the chair for 15-30 minutes. In addition, a nurse will check the skin of every camper who is wheelchair dependent upon arrival.

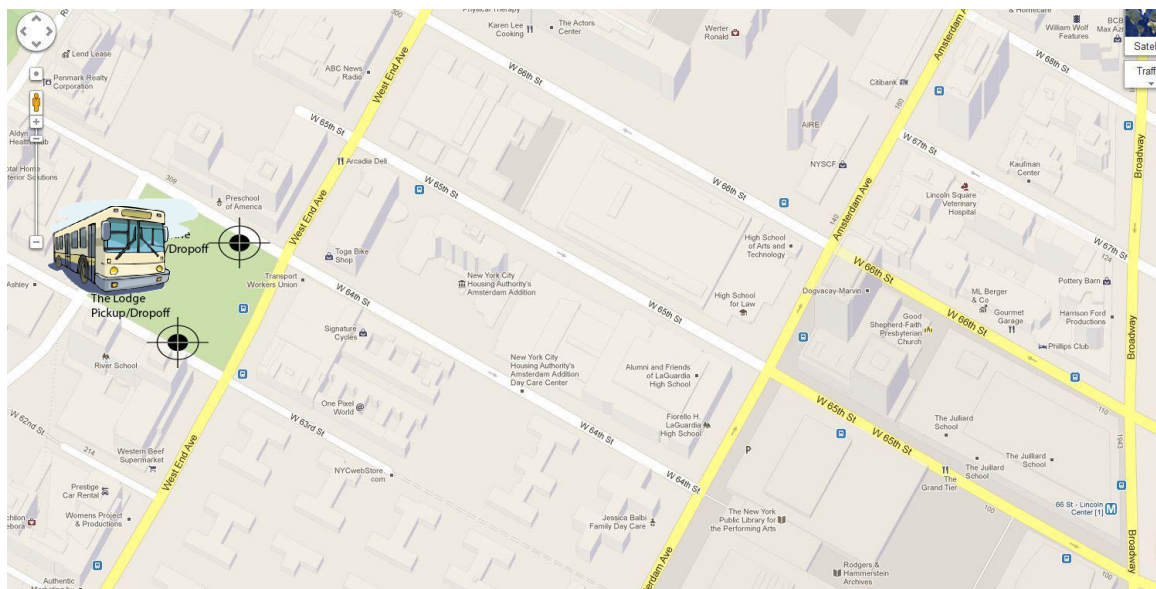
Where do I meet the bus?

❖ The Manhattan pick-up location is located is at 63rd Street and West End Avenue (Thelonius Monk Circle). There are meters and parking lots in the area if you choose to drive. **If you need an address for Access-A-Ride; please use 75 West End Avenue.**

Subways trains stops are: A, C, B, D and #1 all stop at 59th Street/Columbus Circle (It is a 15 minute walk from Columbus Circle).

Bus Routes:

The M57, M66 Busses stop close by.



What if I want to drive to The Lodge, instead of meeting the bus?

If you want to drop off a guest at the lodge, then please arrive at the lodge **around 3 PM** (not any earlier!).

On the departure date, you should arrive **around 8 AM**. Please be prompt, this is the scheduled time off for the staff.

Directions:

- **New York State Thruway (I- 87) to Exit 20.**
- After tollbooths go to stop sign and take a left; go over the overpass, take a right onto **Route 32 North**.
- Follow **Route 32 to Route 32A** (will fork off to the left)
- Follow **Route 32 A to Palenville**. There will be a light and fork in the road). Take **left onto Route 23A**.
- Follow **Route 23A through Haines Falls and into Tannersville**. Go to the end of Tannersville and make a **right at the light onto County Road 23C**.
- **Follow County Road 23C approximately 2 miles** to a large stone church at a fork in the road. Bear left at fork and continue on County Road 23C. Follow 23 C approximately 1-1 ½ miles further and **take a right onto County Road 78-known locally as Colgate Road- opposite the Post Office**. (If you pass the firehouse on your left, you've missed County Road 78!)
- Follow County Road 78 two miles into The Lodge. We are at the end of the road- you cannot go any further.



Who are the staff that care for the guests?

Our staff is mature, enthusiastic, diverse, and most importantly, very caring! We always try to have at least 25-35% of our best staff returning from the previous year. All new staff are carefully screened before being hired. All staff must be at least 18 years old. Most counselors who are hired have at least one year of college training and experience with the developmentally disabled population. Many of the staff come from abroad –countries such as England, Australia, and Ireland– and must speak and understand the English language.

Our senior staff has many years of experience working at The Lodge; they consist of the Camp Director, Asst. Camp Director, Head Counselor, 4 Lodge Leaders, Head Lifeguard, Nursing Supervisor, Program Coordinator, Office Manager, and Head Chef. In addition, our camp has certified lifeguards, program specialists, nurses, cooks and dining hall staff, and other trained staff to make the stay of each guest comfortable, safe and fun. And all staff participate in a rigorous 7-day training prior to the arrival of the guests.

What level of supervision is there for the guests throughout the day?

Each lodge houses a minimum of seven General Counselors and a Lodge Leader who supervises the lodge and ensures the safety of each Guest. At least two (usually more) staff member is always present to ensure the safety of your family member - both day and night.

What are the sleeping and bathroom facilities like?

There are 15-18 guests and 8-10 staff in each lodge—a maximum of 28 people per lodge. The lodges are divided into 2 sleeping areas with a shared bathroom (3 toilets and 3 showers). All of the lodges are designed for persons who have difficulty walking or use a wheelchair. These lodges are located near activity areas and are equipped with ramps and wheelchair accessible bathrooms.

Should Guests bring money to The Lodge?

There is a souvenir shop and cafe at The Lodge. Available for purchase are items from candy bars, soda, and snacks to T-shirts, sweatshirts, mugs, lanyards, sunglasses and waterbottles . The store is the only place on grounds where money can be used. We recommend that Guest monies be turned in to the “Lodge Bank”. **By checking money in with the staff at the check-in table**, guests can be assured that their money is safe and will be available at the store. It is our recommendation that guests bring **no more than \$30** to The Lodge.

What should guests bring to camp?

Below is a list of items that we strongly recommend for a two-week stay. Please do not send your family member to camp with brand new clothing. Label your clothing with the guest's name. **While we do our very best to return all items home, we cannot guarantee this. The Lodge is not responsible for any lost items, and will not replace/reimburse you for them.**

- 3 pairs of long pants
- 5 pairs of shorts
- 6 polo shirts or blouses (include 2 long sleeve)
- 12 sets of undergarments
- 12 pairs of socks
- 2 heavy sweaters or sweatshirts
- 1 lightweight jacket
- 1 raincoat with hood or poncho
- 1 swimsuit
- 1 pairs of pajamas
- 1 pair of sneakers
- 1 pair of shoes
- 1 pair of sandals
- 1 dressy outfit for the banquet night (last night of camp)
- 2 towels (showering/swimming pool)
- 1 toothbrush and toothpaste
- 1 comb and brush
- 1 deodorant
- 1 bars of soap/shower gel
- 1 container of shampoo
- 1 box of sanitary napkins (if applicable)
- 1 electric or regular razor (if applicable)



☺ **ADVICE - DO NOT SEND:**

- ⊗ Bedding – we provide this!
- ⊗ Expensive clothing (we cannot guarantee that it will return home)
- ⊗ Jewelry, watches, electronics, and cell phones-which do not work at the lodge.

It is our policy to not permit alcohol, non-prescription drugs, animals or weapons at camp.

Please speak to the camp director prior to your arrival at camp if you intend to drive to camp or bring any specialized sports equipment.

☆☆NEW☆☆

While we appreciate the need for our guests to keep in contact with their loved ones, **it is highly recommended that guests do not bring cell phones to camp.** Guests are welcome to use office phones during designated times and have access 24 hours in case of emergency. In recent years we have found that the use of cell phones in the camp environment has not been conducive to social interactions and general camp life. We also appreciate the value of cell phones and do not take responsibility for them.

What about sending other essential items such as diapers, glasses, or adaptive equipment?

Diapers - The above clothing list is designed for guests who are toilet trained. Those guests who are not should bring more clothing than listed, particularly more undergarments, pants, shorts, and pajamas. Be sure to send plenty of diapers. You may send diapers ahead of time if you wish or drop off at main office.

Glasses, helmets, hearing aids or other special orthopedic apparatus, or adaptive equipment (wheelchair trays, eating utensils, and communication boards) – These items must come to camp with the guest's name securely taped to them or engraved on them.

☺ **ADVICE** *Please include a letter in the guest's luggage stating what the item is and why it is needed at The Lodge. This will assist us greatly in knowing how to provide the best possible care for our guests.*

Can my family member call home?

Yes. We will allow each of our guests to make phone calls home during their vacation, at no cost.

May I call my family member at The Lodge?

Absolutely! Our guests look forward to speaking with their loved ones while enjoying their vacation. While away your family member is very active and in order to reach him/her by phone, we ask that you call to arrange a time convenient for both you and your family member to talk. The phone number to The Lodge is: (518)589-6000.

Where do I send mail to a family member?

AHRC Elaine Gordon & Katy Issacson Lodge
653 Colgate Road
P.O. Box 37
East Jewett, NY 12424



What is a typical day at The Lodge?

7:00am-8:00am	Morning wake-up
8:00am	Medications
9:00am-10:00am	Breakfast
10:30am -11:30am	Activity #1



11:30am – 11:45am	Gazebo Time
11:45am - 1:00pm	Activity #2
1:00pm - 1.45pm	Lunch
1:45pm-2:30pm	Leisure Time
2:30pm-4:00pm	Activity #3
4:00pm-4:30pm	Gazebo Time
4:30pm-5:45pm	Activity #4
6:00pm-7:00pm	Dinner
7:15pm-9:00pm	Evening Activity (8pm Medications)
9:00pm-10:00pm	Prepare for Bed, or get Ready for Night Life (for those wishing to stay up later)
10:00pm-11:00pm	After Hours Program - Night Life
11:00pm	Return to Lodge and prepare for bed.

What will the guests do at The Lodge?

We have several general goals for each guest. First, we want to provide a good vacation opportunity for the guest as well as a good respite for their family and caregivers. We want to increase each guest's independence in small ways during their time at camp. We will provide many supervised opportunities for social interactions and will assist them with improving their socialization with others. We will provide choices for each guest and encourage them to try different things.

Since one of the guiding principles is to give our guests the chance to make decisions, we offer an array of attractive program options. In the last couple of years, we have added to our facilities, developed new activity options, and improved on our popular existing programs that past guests have enjoyed. A motorized pontoon boat, bowling alley, Archery zone, and a few computers with internet access were all added in order to enhance the Lodge environment for our guests' enjoyment.

Our current list of activities include arts and crafts, sports, swimming in the pool, boating or fishing at the lake, archery, music and dance, sports, pony rides and a souvenir shop. Each evening, everyone participates in a variety of Lodge wide programs, such as talent shows, theatrical activities, and dances. On the last night of the session, everyone dresses up and attends a special banquet dinner and show.

Specialized programs

We offer several specialized programs and require a signed permission slip for your family member to participate in any of these activities. You can opt out of any or all of these activities. Please feel free to call the camp director if you have any questions or concerns.

1. Swimming – all swimming is done in the pool. There is always at least one

lifeguard for every 25 swimmers; there is always a minimum of two lifeguards. The pool is gated and access is controlled at all times. There is a designated staff person who checks guest into the pool area. All guests are swim tested on their first visit to the pool. All non-swimmers and those with seizure disorders are required to wear life jackets when in the pool. There is a safety orientation at the start of each swimming period.

2. Boating – There are always two lifeguards on duty during boating sessions. Additionally, a lifeguard is on the pontoon boat. We offer two options in boating. The pontoon boat holds approximately ten participants per trip, is accessible to wheelchairs and travels at a slow speed around the lake. We also have paddle boats, which allow one camper and one staff person to operate the pedals to move the boat. There is a safety orientation prior to the boating session and all boaters must wear life jackets on the dock and on the boat.
3. Horse Riding - We offer pony rides within a fenced in area. The horses are leased each summer and assessed for their suitability for camp. The horse is led by a trained individual and at no point is the rider allowed to control the horse. The rider is assisted on and off the horse, from the mounting platform. All riders must wear helmets and boots, which we provide. All riders must wear long pants. 1:1 supervision is provided for each rider.
4. Field trips – We will occasionally offer a community outing to a few guests at a time. Typical trips may include a visit to Camp Anne, our camp in Columbia County, a local fair or music event, lunch at a local diner or a trip to Wal-Mart. All trips are done in our camp van with our own driver and staff. Specific staff are assigned to the guests, who are supervised at all times. Ratios are generally 1:4.
5. Pedal Go Karts – We offer 4 wheeled, pedal go karts in a secured area for guests. The activity is staffed with minimum 3 staff and all guests are required to wear a helmet.
6. Archery – The program will be open to campers of all ages and will include adaptations that take into consideration cognitive and physical disabilities. The course will be located at a safe distance away from other activity areas on the pathway to the lake, access will be restricted and the gate locked when not in use. All equipment will be locked away when the program is not in use. The range will include 3 arrow stops at ranges of 5, 10 and 15 yards; there will be a supplementary backstop in the form of netting behind the range. Behind the netting there additionally will be a safety zone comprising hilly terrain that is not accessed by people. The program is run by certified staff.

What if a guest doesn't know how to swim or is at risk for seizures?

Pool time is a favorite activity of many guests. It's great fun regardless of their swimming level. Of course you do not have to swim, just go to the poolside and relax. Here are some important facts you should know about our program:

- ❖ We require consent forms for all guests in order for them to participate in swimming, riding or boating.
- ❖ All of our lifeguards are certified as American Red Cross Life guards and CPR. They train for 4 days at our pool and learn how to work specifically with our guests. Most of our lifeguards are returning staff who knows our guests well.
- ❖ When the pool is closed, it is locked up and secured by a 6 foot high fence.
- ❖ All Guests who have a history of seizures are required to wear a lifejacket while at the pool area.
- ❖ There is no swimming allowed in our lake.
- ❖ All guests are required to wear a life jacket when out on a boat.

What do the guests eat?

We provide 3 nutritious meals a day, and an afternoon snack. Menus are reviewed by a licensed nutritionist. We serve meals family-style. The counselors sit with the guests at all times assisting with serving food (as necessary). If a guest has a special diet or food allergies it is critical that our Health Center have that information highlighted on the guest's health form.

Are there laundry facilities at The Lodge?

Yes. Fresh linens and towels are supplied on a routine basis. Blankets, mattress and pillow covers are changed twice weekly or whenever they become soiled. We launder personal clothing. It is our intention to send all guests home with clean clothing.

What will the weather be like?

During the summer, days range from pleasantly warm to hot and humid. Nights range from cool to cold, especially in early and late summer. The pollen count can become high in this area, which can be difficult for persons with asthma or allergies. If you think this might be a problem, contact your physician now. We do not recommend starting new medications for asthma or allergies while at The Lodge. There is a heater and fans in each lodge, but no air conditioning. The swimming pool is outdoors and heated.



Do you recommend that I tip the counselor for services well done at the end of the session?

Staff are not allowed to receive cash gifts. It isn't fair for one staff member to get rewarded with a tip when it is considered a team effort in giving the guests a great vacation experience. If you want to offer some appreciation, then we recommend a letter of appreciation or something like a fruit basket, chips or homemade cookies. This would mean a lot to them.

What happens if a guest loses things at The Lodge?

Unfortunately, this happens more often than we would prefer. We have so many guests, and things unintentionally get misplaced. At the end of every session, we mail home lost and found items. If you don't label clothing and other items with the guest's name it becomes difficult for us to identify unlabeled items.

☺ **ADVICE** *We strongly recommend that guests do not bring new or expensive clothing. We cannot replace or reimburse you for lost items.*

Do you have other recommendations for preparing guests for their vacation?

As parents and guardians, you play a very important role in preparing your family member for their time away from home. Here are some ideas:

- ❖ Speak often and enthusiastically about The Lodge and all the fun activities that they will participate in such as swimming, dancing, music, arts and crafts, and outdoor parties.
- ❖ Have your family member help pack, if possible, and allow them to take some of his or her familiar clothing or personal items (but don't send anything valuable or irreplaceable).
- ❖ Tell them about all the wonderful friends they will make at The Lodge, and the great staff that will be with them at all times.

☺ **ADVICE** *You are welcome to visit The Lodge prior to sending your family member on Vacation. It will help both you and the guest to become comfortable with The Lodge. Make your arrangements with the Director, and plan to ask lots of questions.*

Bed bugs and similar issues are currently on the rise. With this in mind, please check your family member for any evidence of bed bugs, head lice or other problems, and treat if needed, before sending them to camp.

Due to increasing concern regarding bed bugs, AHRC Camping and Recreation has developed new policy and procedures in partnership with the Department of Health and other AHRC departments. You will be notified if your family member is in proximity to bed bugs.

What type of medical care is available at The Lodge?

Our Health Center is staffed with professional licensed nurses throughout the day. The Health Center is equipped to handle routine and urgent care. Our qualified nursing staff is prepared to provide care for short-term illnesses and first aid care for minor injuries. In an emergency, the local ambulance services will transport a sick or injured camper to Kingston or Columbia Hospital located 30 minutes from camp.

Here are some other important procedures that we strictly adhere to:

- ❖ All medications are stored securely in the Health Center. No one, including staff, may keep medications in the lodges.
- ❖ Only licensed nurses may administer medications.
- ❖ Nurses only administer medications as written by a doctor.
- ❖ Our nurses' document and sign for every medication dose given.
- ❖ Nurses may not give a medication if the label is not clear, or the label has expired.
- ❖ All narcotic substances or controlled drugs are double locked.



What medical requirements are needed for my family member to attend camp?

❖ **The Physical Exam Form** must have a physician's signature and be dated within one year of the last day of the camper's stay at camp. For your convenience, a copy of AHRC's Medical Exam Form is included in this acceptance packet (although any standard physical form is acceptable).

❖ **The PRN Form** (attached to the Physical Exam Form) also needs a **physician's signature** and be dated within one year of the camper's stay at camp. This allows our nurses to give your family member over the counter medications that do not need a prescription, such as Tylenol, Cough Syrup, creams and special lotions.

❖ **Immunizations Record** must be provided for persons under the age of 18. You should contact the camper's physician to make certain all immunizations are up to date before submitting this record.

❖ If the camper is above the age of 18, please provide us with documentation of the date of the last Tetanus inoculation, Meningitis, as well as any information you may have regarding their Hepatitis B and MMR status.

❖ **Permission To Treat Form** must be completed and signed by the parent/guardian and returned to us.

❖ **Medication Record** – Please complete this for all medications that the camper takes.

What if there are medical changes after I send you the Physical Exam Form?

Contact us immediately at our Nursing Supervisor's office at (518)589-6000. After May 15th, call the Health Center directly at (518)589-5021. Every guest attending our program has a special medical care plan, and we must update it accordingly. Early notification to our Health Center helps to avoid confusion and possible safety risk. Remember, we have over 70 guests per session, so we need you to help us by avoiding last-minute issues.

How are medications administered at camp?

Most guests receive some type of medication. Our nurses are prepared to administer medications ordered by a doctor. If you are currently giving your family member medications, vitamins, and/or supplement that you purchase "over the counter", please provide a prescription from the guest's doctor allowing us to administer these items while away at camp, all medications administered at camp must have a written doctors order. If your family member receives Medicaid benefits, many of these items are covered by their insurance. If an item is not covered ordinarily, it will not be covered at camp.

Routine medications are given before meals and at bedtime. Some medications must be given with food or after meals. Sometimes medications are given "as needed," when problems arise. These medications are given throughout the day in accordance to standard guidelines.

☺ **ADVICE** If your family member requires their medication to be crushed and/or mixed with food or liquid, let us know and have your doctor specify this on the prescription. If your family member requires the use of bedrails, a helmet or any other protective equipment, please provide written authorization by the physician with reason for use.

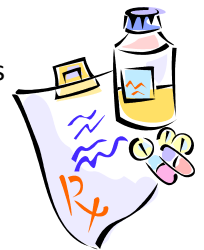
☺ **ADVICE** If your family member takes medications for diabetes, a cardiac condition, or high blood pressure, please make sure that the doctor has provided directions for use, including frequency of blood sugar checks or monitoring of the pulse and/or blood pressure before administration by the nurse. There are some medications used for behavior that may need to be monitored closely as well. Please contact the nurse to review monitoring instructions and/or care needed for camper prior to session date.

How do I send Medication?

- ❖ When you receive a script from the doctor, make a copy, fill the script, then send pills and the copy of script to camp or plan to drop these items off at the main office (see below).
- ❖ Prescriptions for camp medication should be filled at your home pharmacy - **MAKE A COPY OF EACH BEFORE FILLING**
- ❖ **If your Doctor uses electronic prescribing ask for a printed copy of the prescriptions.**
- ❖ Please ensure medication is in its regular container with name of camper and drug dose.
- ❖ Campers attending sessions 1,2 & 3 need 12 day supply, Sessions 4 &5 need 11 day supply.
- ❖ Campers attending a 12-day session will need a 12 day supply of medications.
- ❖ Campers attending two sessions will need a 24 day supply of medication.

Camp Address: AHRC Katy Isaacson & Elaine Gordon Lodge
 653 Colgate Road
 P.O. Box 37
 East Jewett, New York 12424

- ❖ Medications and prescriptions are **NOT** accepted at the bus or Health Center on arrival day. Only inhalers to treat asthma, food supplements, and diapers will be accepted if we have given approval and know to expect them.
- ❖ All medications will be given exactly as prescribed by a doctor. If a doctor changes the dose or stops a medication after the prescription has been sent, you must send a **new written order** from the doctor. Our Health Center staff will not know of any medication changes unless you tell them.
- ❖ Families or guardians are responsible for any charges not covered by insurance.



Why are the Physical Exam Form, Immunization Record, and prescriptions required before the guest attends camp?

We are not trying to needlessly complicate your life. Please understand that our Health Center administers hundreds of medications every day (this is no exaggeration); therefore, if we are to accurately and safely prepare for all guests' stay at camp, then we must begin processing these forms and prescriptions well in advance. Please keep in mind that when we are preparing for one session, we are also busy operating the Health Center for the current session.

Will insurance pay for the extra medication for camp?

❖ **Private Insurance** - We don't know. If you have private insurance through work or a private pay contract, you must ask your insurance company. Most private insurances will give approval for medications if they understand the need. The best person to contact is the customer representative assigned to your policy. The approval process may take time. It is important to plan ahead and contact your insurance company before your appointment with the doctor.

❖ **Medicare Part D – co-pay may apply.** If the guest has a Medicare Part D plan, you have been getting medication under this plan and you may be paying co-pay.

❖ **Public Insurance or Medicaid** - Medicaid has strict rules about how many medications orders can be filled in one month, however our partners at World's Fair will do their best to put these scripts through as a holiday override. Medicaid may or may not pay for extra doses needed for camp. Medicaid does not usually pay for items like vitamins or dry skin lotion. They will not pay for these items for camp either.

☺ **ADVICE** - **If you have any questions about Medicaid and camp medication, contact your local Medicaid office. The number in NYC is 1-877-472-8411. You may also “walk in” to your local district office. Remember to bring any paperwork or receipts with you**

What happens if a guest becomes sick or injured?

We will call you whenever a camper becomes sick or injured. In the rare event of an emergency, you will be called immediately. However, if we are unable to reach you, we will call your second contact which you provided for us on the medical emergency form.

☺ **ADVICE** *If you are going on a vacation, even for a couple of days, please leave us an emergency contact phone number – yours or a friend or relative.*

What happens if a guest must cancel?

If a camper cancels two weeks or more before the start of their scheduled session date, AHRC will provide 100% tuition refund. No refund will be provided if a camper cancels less than two weeks before the start of their scheduled session.

All payments are due by June 1st, 2019.

What happens if a guest must go home while at camp?

If a camper must go home early from camp, you will be notified immediately. We will make arrangements for transporting the guest home (usually by our staff).

Private Pay & Invoicing

v Invoices for camp are available by logging into your account on CampDoc.

v Early Bird 10% Discount: If Paid by May 11th Your balance is reduced 10%.

v If a camper cancels two weeks or more before the start of their scheduled session, AHRC will provide 100% tuition refund. No refund will be provided if a camper cancels less than 2 weeks before the start of their scheduled session. All payments are due before the start of the session unless other arrangements, such as a payment plan, have been made in advance.

v There are 2 easy ways to pay:

1. Credit Card Online (it's so easy!) Please log on to your CampDoc account to pay by credit card.

2. Checks or money orders

MUST include camper's name / number (e.g. include this page with the check)

MUST be made out to: AHRC New York City

MUST be mailed to: Isaacson Gordon Lodge, Accounts Receivable, 8th floor, AHRC New York City, 83 Maiden Lane, New York, NY 10038

AHRC New York City

Rights of People Supported

Policy: AHRC New York City recognizes the rights of all people, including those supported by the agency. It is our responsibility, as an agency and as a caring community, to recognize these rights and do all we are able to do to ensure that these rights are protected.

Equality:

- 1. All people supported have the same legal and civil rights as anyone else.*
- 2. All people supported will be given the same dignity and respect given to every person, regardless of skin color, religion, language they speak, age, gender, sexual orientation, ethnic background or health condition(s).*
- 3. All people supported have the right to express their religious beliefs freely.*
- 4. All people supported have the right to advocate for their rights and the rights of others.*

Personal Growth:

- 5. All people supported have the right to talk about what is important to them.*
- 6. All people supported have the right to ask someone to listen to them.*
- 7. All people supported have the right to think what they want and to respectfully express their ideas.*
- 8. All people supported have the right to get help with decision making.*
- 9. All people supported have the right to opportunities for lifelong learning and development of their talents.*

Health:

- 10. All people supported have the right to learn about and understand their medical conditions, records and to participate in all decisions regarding their health.*

Safety:

- 11. All people supported have the right to be safe.*
- 12. All people supported have the right to assistance if someone tries to harm them.*
- 13. All people supported have the right to live, work and have fun in places that are safe.*

Community Inclusion / Social Life:

- 14. All people supported have the right to own things. Nobody can take these things away.*
- 15. All people supported have the right to choose where and with whom to live.*
- 16. All people supported have the right to work and be paid a fair salary for the work they do.*
- 17. All people supported have the right to choose friends and to have a social life.*
- 18. All people supported have the right to live their life and be a part of their community.*
- 19. All people supported have the right to support needed to live a full and productive life.*

The following is the process for resolving objections, problems, and grievances to your rights:

- 1. If you have a problem, objection, grievance or concern, you can go to the program manager. If you are not satisfied, you can go to their supervisor, and then the Associate/Assistant Director of your department, the Assistant Executive Director, Chief Operating Officer for Programs, the Associate Executive Director or the Executive Director.*
- 2. In addition, any problems, objections, grievances, or concerns regarding your rights can be directed to the local DDRO, the Commissioner of OPWDD and the Commissioner of Quality of Care of the Mental Hygiene Legal Services.*

For your information, the addresses and telephone #'s of people involved, that you can contact, are listed below:

AHRC NEW YORK CITY CONTACTS		
<p><i>Marco Damiani</i> Executive Director AHRC New York City 83 Maiden Lane, 11th floor NY, NY 10038 (212) 780-2661</p>	<p><i>Elizabeth Lynam</i> Chief Operating Officer AHRC New York City 83 Maiden Lane, 11th floor NY, NY 10038 (212) 780-2507</p>	<p><i>Kathy Broderick</i> Associate Executive Director AHRC New York City 83 Maiden Lane, 11th floor NY, NY 10038 (212) 780-2530</p>
DDRO CONTACTS:		
<p><i>Jacqueline Best, Regional Director, (region 4)</i> Queens DDRO 80-45 Winchester Boulevard Administration Building 80-00 Queens Village, NY 11427 (718) 217-4242 Fax: (718) 217-4724</p>	<p><i>Jacqueline Best, Regional Director, (region 4)</i> Brooklyn DDRO 888 Fountain Avenue Brooklyn, NY 11208 (718) 642-6000 Fax: (718) 642-6282</p>	<p><i>Dr. Theodore Kastner - Commissioner</i> Office for People with Developmental Disabilities 44 Holland Avenue, Albany, NY 12229 (518) 473-1997 Fax: (518) 473-1271</p>
MHLS (MENTAL HYGIENE LEGAL SERVICES)		
<i>Bronx:</i>	<i>Hanna Kim</i>	<i>(718) 862-5140 Fax: (718) 792-3154 718 597-7385</i>
<i>Brooklyn:</i>	<i>Rebecca Kittrell</i>	<i>(718) 277-5324 Fax: (718) 235-3671</i>
<i>Manhattan:</i>	<i>Felice Weschler</i>	<i>(646) 386-5907 Fax: (212) 618-5826</i>
<i>Queens:</i>	<i>Lisa Boronian</i>	<i>(718) 264-3340 Fax: (718) 264-3559</i>
<i>Staten Island:</i>	<i>Katalin Amano</i>	<i>(718) 698-8740 Fax: (646) 963-6648</i>

Addendum to the Parent/Guardian Handbook Summer 2021

After not being able to open in 2020 due to Covid, we are excited to see familiar faces back at camp, enjoying all their favorite activities. Although we are open for the summer, we have made some adjustments to the operation of both camps this year.

As you know, the information from the CDC and NYS Department of Health and OPWDD is frequently updated. If we make adjustments to our protocols, we will alert you to the change via email from Camp Doc.

Please read below for important information regarding changes for this summer. You may also request a copy of our safe opening plan from the camps.

And as always, please feel free to call with any questions or concerns. We are looking forward to a good summer and are grateful that you will be there with us!

Summary of Changes for 2021 (as of 7/7/21)

Vaccinations:

- Your family member must be fully vaccinated to attend camp. This means that they must have had their last dose of the vaccine at least two weeks before coming to camp.
- The Pfizer vaccine has been approved for children ages 12 – 17! This means that we will be able to offer at least one teen session this summer. In order to be considered for Session 4, your child must have had the last dose of the Pfizer vaccine by June 30th. To attend Session 5, your child must have had the last dose by July 12th.
- Your family member's vaccination card must be uploaded to Camp Doc as part of your registration.
- Many places are offering free walk in vaccine appointments. If you need help finding one in your neighborhood, please call Gleidy Morel at 212-780-2583 and she will assist you.
- We are requiring staff to be fully vaccinated this summer as well.

Testing:

- Each camper must have proof of a negative Covid test performed no more than 72 hours before arrival at camp. Please scan the test results and email to camp the day before arrival.
- Camp staff will participate in routine surveillance testing during their employment at camp.

Social Distancing at camp:

- We are keeping our camp capacity at 50% to allow plenty of room in cabins and activities. We will also keep each cabin or lodge group in their own group as much as possible.

- We are doing as many activities outdoors as possible. Masks will still be required indoors when there is more than one cabin group present.

Transportation:

- We encourage you to drive your child to camp and to pick your child up on the last day.
- However, if you do not have a car or a way to get your child to camp, we are doing limited transport both ways. Please call the camp office to request transportation and we will do our best to accommodate your request.

Medications:

- Due to ongoing Covid restrictions, we are not able to offer the medication drop off option at this time.
- Please mail your medication to camp at least 5 days prior to your child's attendance at camp.